

Preferred Evidence Based programs					
Program	Who can be trained?	Participation period (per program)	Online training available	Evidence of community need	Alignment to outcomes
Abecedarian Approach Australia	Early childhood professionals			moderate	High
DRUMBEAT	Trained professional	10 weeks	Yes (3 days)	High	High
INFANT	Parent support worker	4 x 1.5 hours	yes	High	moderate
PeepLTP	Trained practitioners	1-hour sessions. Flexible	yes	Moderate	Moderate
Seasons for Growth	Counsellors, social wrks	8 x 50 min + 1 reconnect 6 w post	yes	High	High
Triple P	Trained facilitators	varied	yes	High	High
Tuning Into Kids	Early Childhood professionals	6 x 2hour	yes	High	Moderate
Tuning into Teens	Child & family workers	6 x 2 hour	yes	High	High
Baby Makes 3	Community Support worker. Must be male and female facilitator	3 x 2hours	yes	moderate	moderate
SibWorks	Wellbeing worker	7 w x 2 hour	yes	moderate	moderate

Other accepted Evidence Based programs					
Program	Who can be trained?	Participation period (per program)	Online training available	Evidence of community need	Alignment to outcomes
1,2,3 Magic and Emotion Coaching	Child practitioners, Early Childhood Educators, Allied Health	3 x 2hour	yes	Moderate	Moderate (0-5 only)
Bringing Up Great Kids	Community workers	12 hours total	yes	Low (offered by CFLC)	High
Circle of Security	Trained facilitator	8 x 1.5hour	yes	Low	Moderate
Parent Child Mother Goose	Support worker	10 x 2 hour	yes	Low (offered by CFLC)	moderate

Evidence Based programs requiring further research					
Program	Who can be trained?	Participation period (per program)	Online training available	Evidence of community need	Alignment to outcomes
Health and Safe	Child protection, welfare support	10 weekly 1.5 hours		unknown	moderate
Signposts for Better Behaviour	Family practitioners	8w x 2 hour			
What were we thinking?	Qualified health professional			High	moderate

Non-Preferred Evidence Based Programs					
Program	Who can be trained?	Participation period (per program)	Online training available	Evidence of community need	Alignment to outcomes
Cool Kids	4yr undergraduate + post grad in CBT			High	High
Cool Little Kids	4yr undergraduate + post grad in CBT			High	High

EPEC					
Exploring Together		Requires 4 staff to run simultaneous grps			
FAST				Low. High level of school investment	
Fun Friends, Friends for Life and My Friends Youth	Educators, early childhood professionals	10 w x 1 hour	yes	moderate	high
Incredible Years	Trained group practitioner	unknown	Unclear/complex		
Journey of Hope	Bachelors in education, social work, youth work +experience w vulnerable children				
Learning Language and Loving It					Abecedarian or other Australian programs preferred
PALS			No longer offered		
PCIT	Counsellor, psychologist, social worker with master's degree or higher in mental health			High	High
Parent Effectiveness Training	Support worker	8 x 3 hours	yes	Low	low
Parents as Teachers				Low	Low -difficult to coordinate parent facilitators
Parents Under Pressure	Social workers, psychologists				
Playsteps	Must have qual in infant mental health OR completed Keys to Caregiving program	9 weeks		low	moderate
Second Step	Teachers, counsellors			Low – high investment from school. School-led program	High
Secret Agent Society	Allied Health professionals	Teacher, parent and child separate frequent sessions	yes	high	high
Sing and Grow	Trained music therapist	8 x 1 hour		Not currently operational in TAS	moderate
Smalltalk	Early childhood worker	10 weeks		Requires existing, ongoing playgroup, cannot be LIL	moderate
Through the Looking Glass	Social wrk, psychologist, Allied health. Must have completed CoS	10 weeks	No – travel costs required to/from SA		
Volunteer Family Connect				Preference from the program owner for 54 Reasons to be the program delivery agency	

